

Scottish Karate Federation

Winter Federation Championships

Kata, Kumite &

ASN Kickmaster

Sunday 18th March

Linlithgow Academy

Braehead Rd,

Linlithgow

EH49 6EH

Contact: Kirsten Bonar [wkckarate@yahoo.co.uk](mailto:wkckarate@yahoo.co.uk)

Event organiser: Scottish Karate Federation



Welcome to our first joint Kata and Kumite Federation Championship. This competition will be held on Sunday 18th March 2018 in Linlithgow Academy Braehead Road Linlithgow.

**Registration of entries:**

It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories. Entries will only be accepted via your coach/association and not from individuals.

Should certain categories fail to meet an acceptable number of entries, or indeed an excess of entries, the event team reserve the right to alter/merge these categories to maintain the integrity of the competition.

**Coaches:**

To coach at this event you must hold an SKGB tatami pass. This can be either the red association level or blue National level. Coach passes must be displayed at all times.

The coach must present their coaches pass to the table official prior to the bout starting.

**Entry Fees:**

Competitors: £12.00 per Kumite & £5 per kickmaster

Spectators fees: Adults £5.00 Children £3.00 (Under 13 years of age)

**Late Entry – Administration fee will apply**

**Start Times**

**The event will start 9.30am prompt** with staggered start times through the day. Start time are approximate. It is difficult to establish an exact start time as it is dependent on how busy the categories are. We appreciate your patience through the day.

**Should the event run ahead of schedule category start times may be brought forward. Competitor check-in will be carried out prior to each category starting.**

**Kumite Equipment**

The following WKF approved equipment is compulsory for all:

* Mitts red for AKA and blue for AO
* Belts red for AKA and blue for AO
* Gum Shield
* Body protector [compulsory for 14 years and above]
* Female chest protector [compulsory for 14 years and above, this is worn as well as the body protector.

The equipment below is advisable:

* Shin pads and foot protectors red for AKA and blue for AO

**Kumite Rules**

Kumite for U14 years:

* Bout duration: 1.30 minutes
* WKF rules but no contact will be allowed to the head, face or neck with either the hands or feet
* Any contact however slight, will be penalized

Kumite for 14 years and above:

* Will be held under WKF rules. WKF rules will be strictly applied in all categories for 14 years and above.

**Kata Rules**

* Half kata section is for junior grades and inexperienced members and first completion only. If they can do full kata this is the section they should be entered into.
* Belts red for AKA and blue for AO
* Kata rules are on the categories table on page

**Trophies:**

There will be Trophies awarded for 1st, 2nd and 3rd equal. Medals will be awarded to all competitors.

**Photographs**

The SKF official photographer will be taking photographs throughout the event. These photographs will be published on the SKF website and Facebook page. Results and pictures of the finalists will be put on Facebook live from the event.

Children’s names and photographs will not appear together on our facebook or website. The entry form has consent for photographs to be taken.

**If you don’t wish your child's photo to be taken at all or put online please indicate on the entry form and inform the SKF webmaster before the event.** [**lisa@skfscotland.co.uk**](mailto:lisa@skfscotland.co.uk)

Yours in Karate

SKF Sports Committee

Instructors – Please return the instructors entry form to:

Kirsten Bonar by **5pm – Thursday 15th March**

E.mail: [wkckarate@yahoo.co.uk](mailto:wkckarate@yahoo.co.uk)



Kata

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Category | Category Description | Check in Time | **Approx Start** | Repechage | Kata Rules |
| 1 | ASN Kata – (under 16) | 9.00am | 9.30am | N | Repeat |
| 2 | ASN Kata – (16 years and over) | 9.00am | 9.30am | N | Repeat |
| 3 | Junior Half Kata - Girls - Open to first competition entrants only | 9.00am | 9.30am | N | Repeat |
| 4 | Junior Half Kata - Boys - Open to first competition entrants only | 9.00am | 9.30am | N | Repeat |
| 5 | Junior White to Green belt - Mixed | 9.30am | 10.00am | Y | Repeat |
| 6 | Junior Blue to Brown belt - Mixed | 9.30am | 10.00am | Y | Repeat |
| 7 | 9th Kyu to 7th Kyu - Mixed - ( under 16 years ) | 10.15am | 11.00am | Y | Repeat |
| 8 | 6th Kyu to 4th Kyu - Mixed - ( under 16 years ) | 10.15am | 11.00am | Y | Alternate |
| 9 | 3rd Kyu to 1st Kyu - Mixed - ( under 16 years ) | 11.15am | 12.00pm | Y | Alternate |
| 10 | Dan Grade - Girls - ( under 16 years ) | 11.15am | 12.00pm | Y | WKF |
| 11 | Dan Grade - Boys - ( under 16 years ) | 11.15am | 12.00pm | Y | WKF |
| 16 | Dan Grade - Female - ( 16 years and over ) | 12.15pm | 1.00pm | Y | WKF |
| 17 | Dan Grade - Male - ( 16 years and over ) | 12.15pm | 1.00pm | Y | WKF |
| 18 | 9th Kyu to 7th Kyu - Mixed - ( 16 years and over ) | 12.15pm | 1.00pm | Y | Repeat |
| 19 | 6th Kyu to 4th Kyu - Mixed - ( 16 years and over ) | 12.15pm | 1.00pm | Y | Alternate |
| 20 | 3rd Kyu to 1st Kyu - Mixed - ( 16 years and over ) | 12.15pm | 1.00pm | Y | Alternate |

Assisted Support Needs

Kickmaster

* Each competitor will simultaneously attack their respective strike tower for 25 seconds.
* The competitor who demonstrates the most skilful & powerful vigorous kick or hand techniques with Impact, will be declared the winner, judged as in a Kata event with 3 flags.
* That Competitor will go through to the next round.

**Please contact your coach or SKF Disability coach**

**Andy Elliott on 07789460614 for more information about this category**

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| --- | --- | --- | --- | --- |
| Category | Category Description | Grade | Check in Time | **Approx Start** |
| KM1 | ASN Kick Master 5 - 15 years old Mixed | All | 10.00am | 10.30am |



Kumite

Under 14’s

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Category | Category Description | Grade | Check in Time | **Approx Start** |
| 1 | Under 3ft 9" Mixed | All | 12.45pm | 1.30pm |
| 2 | Under 4ft Boys | All | 12.45pm | 1.30pm |
| 3 | Under 4ft Girls | All | 12.45pm | 1.30pm |
| 4 | Under 4ft 5” Boys | Junior | 1.30pm | 2.15pm |
| 5 | Under 4ft 5” Boys | Kyu/Dan | 1.30pm | 2.15pm |
| 6 | Under 4ft 5” Girls | Junior | 1.30pm | 2.30pm |
| 7 | Under 4ft 5” Girls | Kyu/Dan | 1.30pm | 2.30pm |
| 8 | Under 4ft 10” Boys | Junior | 2.00pm | 3.00pm |
| 9 | Under 4ft 10” Boys | Kyu/Dan | 2.00pm | 3.00pm |
| 10 | Under 4ft 10” Girls | Junior | 2.00pm | 3.30pm |
| 11 | Under 4ft 10” Girls | Kyu/Dan | 2.00pm | 3.30pm |
| 16 | Under 5ft 2” Boys | All | 2.30pm | 3.45pm |
| 18 | Under 5ft 2” Girls | All | 2.30pm | 3.45pm |
| 20 | Over 5ft 2" Boys | All | 2.30pm | 4.00pm |
| 21 | Over 5ft 2” Girls | All | 2.30pm | 4.00pm |

Kumite

Over 14’s

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Category | Category Description | Grade | Check in Time | **Approx Start** |
| A | Cadet Males 14 -15 -60kg | All | 12.45pm | 1.30pm |
| B | Cadet Males 14 -15 +60kg | All | 12.45pm | 1.30pm |
| C | Cadet Females 14 -15 -54kg | All | 12.45pm | 2.00pm |
| D | Cadet Females 14 -15 +54kg | All | 12.45pm | 2.00pm |
| E | Males 16 - 17 Open Weight | All | 1.30pm | 2.15pm |
| F | Females 16 -17 Open Weight | All | 1.30pm | 2.15pm |
| G | Males 18 + Open Weight | 9th - 4th | 1.30pm | 2.30pm |
| H | Females 18+ Open Weight | 9th - 4th | 2.00pm | 3.00pm |
| I | Males 18 + Open Weight | 3rd Kyu - Dan | 2.00pm | 3.00pm |
| J | Females 18+ Open Weight | 3rd Kyu - Dan | 2.00pm | 3.00pm |
| K | Males 35+ Open Weight | All | 2.30pm | 3.45pm |
| L | Females 35+ Open Weight | All | 2.30pm | 3.45pm |



Athlete Entry Return Form

Please return to your club instructor with your entry fee.

|  |  |
| --- | --- |
| **Competitor Information** | |
| Full Name: | Club: |
| Contact Number: | Instructor: |
| Grade: | Kata Category Code: |
| Kickmaster Category Code: | Kumite Category Code: |
| Over 14’s please add weight this will allow us to split the category as per WKF weight **if possible**  Weight: kg | |
| **Photograph: Please sign relevant box below if under 16** | |
| I **agree** to my Child’s photograph to be taken: | I **do not** wish for my child photograph to be taken: |
| **Disclaimer**    We at all times try to promote a safe environment; however karate is martial art which is a contact sport and injury may occur participating in competition.  I agree to my child taking part and understand the risks associated with a contact sport and physical activity    Parents Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | |

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Kirsten Bonar by **5pm – Thursday 15th March**

E.mail: [wkckarate@yahoo.co.uk](mailto:wkckarate@yahoo.co.uk)



Club Entry Form

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Instructor:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- |
| **Name** | **Category** | **Name** | **Category** |
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|  | | Total | £ |

**Photography**

**The entry form has consent for photographs to be taken. If any of your parents have indicated they do not wish to have their child photograph taken please list their name and category below or tick the box below.**

|  |  |  |  |
| --- | --- | --- | --- |
| Name | Category | Name | Category |
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All Parents have consented to their child being photographed:

All Parents have understood the risk associated with a contact sport: