THE SCOTTISH KARATE FEDERATION ARE TAKING PART IN THE BIG FUN RUN EDINBURGH ON THE 30TH JULY AT HOLYROOD PARK. THE FEDERATION ARE USING THIS EVENT AS A TEAM BUILDING EXERCISE AND MORE IMPORTANTLY A FUNDRAISER, WE ARE LOOKING TO HAVE AS MANY CLUBS,STUDENTS,COACHES AND PARENTS TO BE INVOLVED TO MAKE THIS A SUCCESSFUL AND ENJOYABLE DAY FOR ALL.

THIS IS AN ORGANISED EVENT WITH ALL AGES TAKING PART IN A 5K RUN, JOG OR WALK. TO BE PART OF THIS EVENT AND SUPPORT YOUR FEDERATION ALL COMPETITORS ARE ASKED TO REGISTER ONLINE AT THE FOLLOWING ADDRESS:

[www.bigfunrun/edinburgh](http://www.bigfunrun/edinburgh)

THE COST OF TAKING PART IN THIS EVENT IS £12.99 FOR ADULTS, £10.99 FOR CHILDREN / CONCESSIONS, UNDER 5s GO FREE. THE ENTRY FEE WILL BE DEDUCTED FROM THE SPONSOR MONEY RAISED FROM EACH INDIVIDUAL, ALL SPONSOR MONEY WILL GO TOWARDS THE SKF.

WOULD ALL ENTRIES PLEASE INFORM LORNE CROWE OF THEIR REGISTRATION, WE NEED TO KNOW WHO IS SUPPORTING THIS EVENT AND THE AGES OF THOSE TAKING PART.

[lornecrowe@hotmail.com](mailto:lornecrowe@hotmail.com)

ALL PARTICIPANTS ARE ASKED TO WEAR THEIR SKF TSHIRTS FOR THIS EVENT!

SPONSOR SHEETS ARE AVAILABLE FROM YOUR CLUB INSTRUCTOR AND THE SKF WEBSITE.

MORE INFORMATION WILL BE AVAILABLE CLOSER TO THE EVENT.

THANKS FOR YOUR SUPPORT

LORNE CROWE/RICHARD BRADLEY

SKF FUNDRAISING COMMITTEE